

General Info & FAQs



Where should I go for the Romp?

White River West Sno Park at Mt Hood; off Hwy 35 about 7 miles past Government Camp. See inside for directions and parking info.

What time should I show up?

If you picked up your materials at a Priority Check In location

Please allow 30 mins to park and get demos (if you need them). If racing, you'll need to **ready** with snowshoes strapped on at the start area at 9am. If walking you'll need to be ready with snowshoes strapped on at the start area at 9:30am.

If you need to check in or register Saturday morning

Please allow 45 mins to park, check-in or register, and get demos (if you need them). **If racing**, you'll need to ready with snowshoes strapped on at the start area at 9am. **If walking** you'll need to be ready with snowshoes strapped on at the start area at 9:30am.

What time does it start?

See schedule inside. Just make sure you're ready at the start line for your start time! 9am race; 9:30am walk.

How do I get to the White River West Sno Park? Where do I park?

See directions inside. You must have a valid Sno Park Permit on your vehicle.

After parking, where should I go?

If you already checked-in or registered at Columbia or REI...

Gather your belongings (don't forget your bib!!) and head toward the main "expo" area. Explore sponsor tents get some coffee or cocoa, or pick up a pair of demo snowshoes if you didn't bring your own. Just be sure to be ready to go (with snowshoes strapped on) at your start time (9am Racers; 9:30am BOTH 3k and 5k Walkers)

If you need to check in or register Saturday morning...

Gather your belongings and head up the hill toward Registration/Check-in inside the Nordic Center building. Check-in or register, head to the demo tent (if necessary), or check out sponsor booths. Just be sure to be ready to go at the start line with snowshoes strapped on at your start time (9am Racers; 9:30am BOTH 3k and 5k Walkers).

What is the priority check-in?

Avoid event-day lines and check-in early for the Tubbs Romp to Stomp out Breast Cancer! Those who are pre-registered can check-in and get their event materials. Then, the morning of the Romp, all they have to do is park, get demo snowshoes (if necessary), and be ready at the start line on time.

Can I (or my friends and family) pick up materials for others? Can I register for the event at Priority Check-in or on event day?

YES! You can have friends or family pick up materials at Priority Check In locations. Yes, you can register at Priority Check-Ins--although you **cannot** register someone else at Priority Check-in. They have to register him or herself and can do so on event day or attend the Priority Check-In.

Can I submit donations at the Priority Check-In?

YES! Please bring any offline donations with you to Priority Check-in or you can also submit them at the Event-Day check-in area as well. Make sure the DONATION CHECKS ARE MAKE OUT TO SUSAN G. KOMEN FOR THE CURE with "Romp OR" in the memo line.

I'm a team captain, can I pick up all the materials for all of our team members?

YES! If you are on a team, you can have one person from the team pick up other team member's materials. It helps if you bring a complete list of all the pre-registered team members for which you need to pick up materials.

Should I eat breakfast, or will there be food?

We recommend that everyone eat a hearty breakfast. We'll have a limited supply of Green Mountain Coffee, but recommend participants bring snacks.

What is available at the Sno Park?

Port-a-potties; check-in area, parking, no indoor facilities!

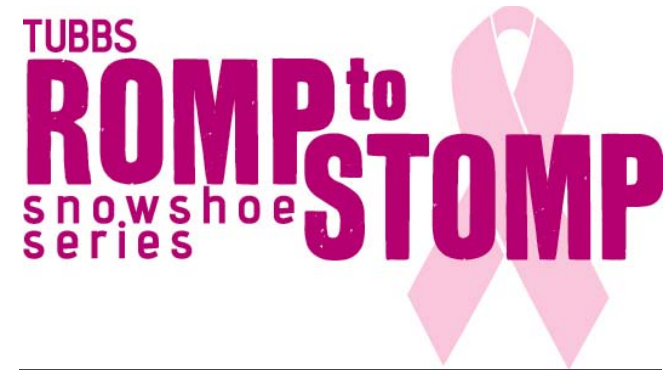
Will there be enough FREE snowshoe demos?

Tubbs will provide about 200-250 pairs of FREE snowshoe demos on a first come, first serve basis. We cannot guarantee free snowshoe demos for everyone. If you own your own snowshoes or have access to a pair, please bring them to ensure access to those who don't have them. Many folks decide to rent snowshoes the day before to ensure they have some for the event.

Where does the money go?

Tubbs Snowshoes is a National Partner of Susan G. Komen for the Cure®. 100% of pledges and donations plus any sponsorship fees and participant registration fees (less event costs and expenses) from the Romp to Stomp benefit Susan G. Komen for the Cure®. 75% will go directly to support the education and efforts of the Oregon/SW Washington Affiliate of Susan G. Komen and 25% will support national research to help end breast cancer.

Susan G. Komen for the Cure's promise is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.



PARTICIPANT INFO

FEBRUARY 27, 2010

WHITE RIVER WEST SNO PARK
MT HOOD, OR



QUICK REMINDERS

- Pick up your materials at one of two Priority Check-In locations to avoid event-day lines and get your questions answered.
- Allow 45 mins on event day to park, check-in, get demos before your start time
- If you attended Priority Check-In, allow 30 mins to park, check-in, get demos, etc.
- You will need a Sno Park Permit to Park!
- ALL FUNDRAISERS should stop at a donation table at Priority Check-In or on Event Day--even if you only fundraised online

EVENT DAY SCHEDULE

8am-9:20am	Check-In & Donation Collection Open Demo & Vendor Tents open
9am	Race Start (Racers AT start line ready to go WITH SNOWSHOES ON)
9:30am	3k/5k Walk Start
11am	General Awards Ceremony, Sweepstakes & Survivor Tribute
11:45am	Event Ends; Demos Returned

DIRECTIONS

From Portland take HWY 26 to Mt. Hood. Continue past Government Camp a few miles to the HWY 35 junction. Take HWY 35 (North/East) towards Hood River. The Sno Park will be on the left (West) a few miles past the intersection. Be sure to have a current Sno Park Permit displayed in your vehicle.

PARKING

Parking is limited! PLEASE CARPOOL!!

Help reduce our impact on the environment by carpooling. We can make a significantly LESS impact if every car had at least 4 Rompers in it!

- Be cautious and please DO NOT block any traffic driving on the main road. Do not park on the highway.
- You'll need to have a VALID SNO PARK PERMIT in order to park. Permits can be purchased at all Portland-area REI stores and Otto's (in Sandy on the way up the mountain). Sno-Park permits issued by Washington, California and Idaho are honored in Oregon.



WHAT TO WEAR/BRING

- **Water Bottle:** to reduce waste, please bring your own water bottle! Fill it up at home and bring it with you on the walk
- **Water Bottle** (yup, it's important enough to be listed twice!)
- **Backpack** or Romp goody bag for belongings
- **Camera**
- **Snowshoes:** If you own or have access to snowshoes, please bring them so that we can be sure to have enough demos for those who aren't able to bring some to use.
- **Clothing for snowshoeing** is very similar to the clothing you would use to go on a hike. We've provided a brief list below, but check out the Tubbs Snowshoes Resource Center for more info: www.tubbssnowshoes.com.
Hat & Gloves, Waterproof hiking boots or trail runners, Wool or Synthetic Socks (no cotton!)
- **Dress in Layers:**
 - **Layer One:** Non-cotton base layer (synthetic, silk, or wool long underwear)
 - **Layer Two:** Insulating Layer (i.e. fleece, down, etc; while you're snowshoeing you'll probably stash this in a bag, but it will be nice to have standing outside!)
 - **Layer Three:** Waterproof shell (to help protect from the weather)
- **Snacks:** Make sure to eat a hearty breakfast and bring your own snacks.
- **Insulated Container with Coffee, Tea or Cocoa:** Due to the remote nature of the event location, we'll only have a limited supply of warm beverages available and suggest you bring your own insulated mug filled with coffee, tea or cocoa!

BLACKBERRY CAFE

The Blackberry Cafe has graciously donated their time to brew the supply of coffee provided to the Romp by Green Mountain. Be sure to stop by for a meal to show your support for their generosity!

Blackberry Cafe at the Mt Hood RV Village
Serving Breakfast and Lunch (open at 7:30am)
65000 E Hwy 26, Welches, OR; 503-622-6000
(Set off the road a bit at Mt Hood RV Village)

CHECKING IN & PICKING UP ROMP MATERIALS

Choose from the following options to check-in for the event, pick up your event materials, and submit donations:

Priority Check-in Locations:

Columbia Sportswear

Thurs, Feb 25 from 4:30-6:30pm

911 SW Broadway, Downtown Portland

Clackamas REI

Fri, Feb 26 from 5-7:30pm

12160 SE 82nd Ave, Portland

On event day, please allow 30 mins to check in, grab demos, etc. to be ready at the start line at your start time (either 9am for racers or 9:30am for walkers)

Event-Day Check-in

Sat, February 27

8-9:20am Event Day

Please allow 45 mins to check in, grab demos, etc. to be ready at the start line at your start time (either 9am for racers or 9:30am for walkers)

FUNDRAISER INFO

TO COUNT FOR AWARDS, ALL ONLINE FUNDRAISING MUST BE SUBMITTED BY THURS, FEB 25 AT 12PM!

ONLINE-ONLY FUNDRAISERS:

When you check in for the Romp (either at Priority Check In or on event-day) don't forget to stop by the donation table to pick up extra sweepstakes entries for fundraising. Also, everyone who raised \$250 or more will earn special prizes from sponsors.

OFFLINE-ONLY FUNDRAISERS:

Help your fundraising dollars go farther by inputting your offline donations into the online fundraising system through your Participant Center. This allows us to free-up much needed resources and not spend as much time on database entry. Also, please fill out the PLEDGE FORM BEFORE checking in for the Romp (either at Priority Check In or event-day). We collect lots and lots of fundraising dollars at each Romp event and it helps TREMENDOUSLY if we have accurate paperwork outlining your offline donations.

OFFLINE & ONLINE FUNDRAISERS:

Please see above notes as they apply to you as well! Online donations (i.e. with a credit card) you fundraised through your Participant Page should **not** be entered on a Pledge Form. For offline donations, please first record your offline donations on your Participant Center and then fill out the pledge form to submit with your donations when you check-in.

OFFICE USE ONLY:

Cash \$ _____

Checks \$ _____

Total _____



PLEDGE FORM & OFFLINE DONATION RECORD

CIRCLE EVENT LOCATION:

- Jan 23– Vernon, NJ Feb 6–Salt Lake City, UT Feb 27–Mt Hood, OR
- Jan 30– Stratton, VT Feb 20–Snoqualmie Pass, WA Mar 6–Frisco, CO

FUNDRAISER INFO

Team Name (if applicable) _____

Name _____

Email _____

Phone _____

Donation checks should be made out to **Susan G. Komen for the Cure** with “Romp [state]” in the memo line

donor name	email address (or mailing address if email is unavailable)	phone number	amount \$	Cash or Check	entered online?

USING THIS PLEDGE FORM

Its easy to fundraise with the Romp to Stomp online tools, but if you do collect offline donations using this pledge form, please use the following instructions. Also be sure to check out www.tubbromptostomp.com for detailed information on how to fundraise, fundraising prizes, tips & ideas, and frequently asked questions.

1. **RECORD name, email, phone, & donation amount from donors**
This information is important for keeping a record of the donation. Donors will only be contacted if there are questions about the donation or to send them a receipt. If they do not have an email address, please list a mailing address instead.
2. **Have donors MAKE DONATION CHECKS OUT to Susan G. Komen for the Cure & indicate “Romp [state]” in the memo line**
Example: If you are participating in the Vermont Romp, the memo line should read “Romp VT”. This will ensure that the donation is associated with the correct local affiliate of Susan G. Komen for the Cure®. Do not make DONATION checks out to Romp to Stomp, Tubbs Snowshoes, etc. The only time checks should be made out to Tubbs Snowshoes is for an event registration NOT a donation.
3. **RECORD OFFLINE DONATIONS in your online Participant Center**
All participants who registered online had a personal fundraising page automatically created for them. Simply login to your Participant Center at www.tubbsromptostomp.com and input donations using the “offline donations” option. Recording your offline donations in the online system is easy and helps us cut down on costs associated with data entry.
4. **SUBMIT DONATION CHECKS & completed pledge form on event day**
When you check-in for the event, bring your offline donation checks along with this completed pledge form.

