

Tubbs Romp to Stomp out Breast Cancer
New Jersey: January 22nd – 23rd, 2010
VOLUNTEER INFORMATION

For those volunteering for Priority Check-in &/or Event-Day

Dear Volunteer,

First, let me extend an HUGE THANKS for your efforts at the 2010 Romp to Stomp out Breast Cancer. This event could not happen without you, so please know that your efforts are greatly appreciated and that you are helping to make breast cancer history! The following info will help with most of the initial questions you might have about volunteering at the Romp, but should you have anything specific, please don't hesitate to contact me!

Cheers,

Wendy Miller, Romp to Stomp Manager

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ROMP PRIORITY CHECK-IN VOLUNTEER DETAILS

DATE: Friday, January 22nd, 2010

VOLUNTEER SHIFT: 5-8:30pm

LOCATION:

Mountain Creek Resort
200 Route 94
Vernon, NJ 07462

What is the priority check-in?

[Click Here for FAQ's](#)

We introduced the priority check-in this year as a way to lessen the business of the morning of the event. Those who are pre-registered can check-in, get their bib number and goody bag. Then, the morning of the Romp, all they have to do is show up, pin on their bib, get demo snowshoes (as necessary), and be at the start line at 9am (if their racers) or 9:30am (if their walkers). People can also pre-register for the event at priority check-in (for the \$35 rate), and team captains (or a team representative) can pick up materials for their entire team. Participants can also turn in their donations from fundraising. Essentially it is exactly like morning-of check-in... just the night before.

Also note: this priority check-in will be going on in conjunction with the eve snowshoe hike Tubbs and Mountain Creek is also hosting.

What will I do as a volunteer?

You can choose one of four volunteer roles:

- 1) **Donation Table:** Accept donations for Susan G. Komen for the Cure
- 2) **Event Registration:** Register new participants
- 3) **Pre-registration check-in:** Check-in preregistered participants
- 4) **Crowd management:** Greet people at the resort, direct them where to go, manage the line if one forms, etc.

Where should I park? We are trying to find out more information about parking at Mountain Creek. We will send more information when we know!

Where should I go to volunteer Fri night? Mountain Creek South area in the Mezzanine (upstairs)

What time should I show up at Mountain Creek Resort? 5:00pm

When I arrive, who should I talk to? Wendy Miller (Romp director) or Kristen Strand (Romp to Stomp support staff)

General Schedule:

5-5:30pm: Training & set-up; even if you volunteered for registration and check-in last year, there are a number of changes in the process that are important to go over.

5:30pm: Check-In opens
8pm: Try to wrap up check-in
8-8:30pm: Count registrations, registration income, and donations
8:30pm: Volunteers head home or to local lodging!

EVENT DAY VOLUNTEER DETAILS

Mountain Creek Resort, Saturday, January 23, 2010

General Schedule

7:00am Volunteers **meet** at Appalachian Lodge at Mountain Creek
8:00 am Participant Registration, Check-in & Pledge Collections Open in Appalachian Lodge
9:00 am 3K Snowshoe Fun Race
9:30 am Main Event: 3K or 5K Benefit Walk (participant's choice)
11:00 am Closing & Award Ceremony
12:00pm Finish final take-down

What time should I show up?

Please ARRIVE at the Mountain Creek Appalachian Lodge at 7am. Signs in the lobby will direct you which meeting room to go to. Allow 10-15 mins to park and cross the bridge so that you can ARRIVE AT the Appalachian Lodge at 7am.

How do I get to Mountain Creek?

Please visit this link:

http://www.mountaincreek.com/mountain_info/gettinghere/index.htm

Where do I park? Does it cost to park?

There will be plenty of free parking in the main lots on the other side of the road from the Appalachian Lodge or you're welcome to choose priority parking for \$20.



After parking, where should I go?

Gather your belongings (everything you'll need for the day) from your vehicle and proceed to the pedestrian bridge located in Cobblestone Village. The bridge is the only way for pedestrians to cross busy Route 94, and connects the Vernon parking lots to the Vernon Base area.

Go directly to the lobby at the Appalachian Lodge and follow the signs to the meeting room where we'll be. Remember to allow 10-15 mins to park and cross the bridge so that you can ARRIVE AT the Appalachian Lodge at 7am.

What will I be doing?

Take a look at the basic list of duties and if you have a preference, please let us know that morning.

Registration: We'll need at least 10 volunteers to register new participants, check-in pre-registered participants, or collect donation money. It is all pretty straight-forward and you'll receive plenty of information to make it easy.

On-Course help/cheering: We need 2-3 energetic volunteers to cheer on the participants and staff the on-course water station. Even though this job involves bundling up, but it is worth it to see the smiling faces of all the Rompers and Stompers and encourage them along the way!

Race Timing: We need 1-2 people to help time the race (with stop watches).

Floaters: We'll need 1-2 people to serve as floaters, helping out where-ever help is needed—maybe pointing people in the right direction, checking people in during the busiest times, etc.

"Barista": We'll need 1-2 people to help oversee the Green Mountain Coffee Keurig self-serve coffee/tea/cocoa machines. They are very easy and fun to operate.

Site Breakdown: at the end of the Romp, we'll need help packing up and bringing down snowshoes and tent canopies from the top of the mountain (loaded in the Cabriolet to go down) as well as taking down and packing up the registration area. All items will get loaded in the Tubbs truck.

Tubbs Scout Mascot: The Tubbs snowshoes mascot (Tubbs Scout the Husky dog) will be on-hand at the Romp to Stomp and we're looking for someone who would want to wear the mascot costume at various points during the event or volunteer to be Tubbs Scout's escort.

What should I bring/wear?

Clothing: Dress in layers! Although our registration/check-in will be inside the lodge, most everything else will happen OUTSIDE. We're expecting VERY cold weather so make sure to bring not only a jacket and warm under-layers, but also hats and gloves. Dress in a way that you'd be able to help inside the building then layer up and go outside!

Lunch/Snacks: We'll be pretty busy all morning so try to remember to bring snacks to keep you going! We'll have some goodies and coffee and cocoa, but we recommend bringing your fav snacks if you can! By the time we're finished it will be lunch time, so you might want to bring a lunch as well.

Ski/Board Gear: All Romp participants and volunteers will get a free lift ticket to get up the mountain for the Romp. AFTER your volunteer duties are over, you're welcome to use the rest of the afternoon to snag a few runs.

You probably won't be returning to your car until after the Romp is over, so be sure to bring what you need with you in a backpack or something easy to carry.

Can I also participate in the Romp?

There are some of you that, along with volunteering you'd like to participate in the Romp to Stomp itself. That should be fine, please make sure to do the following:

- 1) Register for the Romp online (online registration closes Thurs, Jan 21 at 5pm), at priority check-in or the day-of.
- 2) Make sure to tell us you are participating in the walk along with volunteering.
- 3) When done walking, if you can help with take-down, we'd greatly appreciate it!
- 4) Note that we'll probably put you at a registration table and then you can head up to the top when it is time for the event to start.